

HOME CARE PROCEDURE

Please follow these instructions

AFTERCARE

Please follow these instructions for the next 4 to 5 days following your Herbal Active Peel™.

- Over the next 4 to 5 days, your skin will begin to feel tight and dry.
- Apply the mixed creams to the skin morning and night for the next 24 – 48 hours. As the skin begins to tighten, apply the mixed creams as often as required to reduce any feelings of tightness or itching.
- Use your Herbal Clear Cream/Vitamin Cream on the new skin once the old skin has peeled off. Continue to apply mixed creams on areas that are still peeling.
- If the skin feels itchy or tight, you are not using enough cream.

Herbal Super Lotion

Moisten a dry cotton pad with Herbal Super Lotion. Gently pat over the skin morning and night to cleanse the skin.

Clear Cream – Oily/Impure Skin

Mix equal amounts with BB Cream and pat into the skin over treated areas.

Vitamin Cream – Normal/Mature/Dehydrated Skin

Mix equal amounts with BB Cream and pat into the skin over treated areas.

BB Cream

Mix with either Herbal Clear Cream or Vitamin Cream.

Important to Remember:

- Do not pull off any flaking skin
- No scratching
- Avoid water coming into contact with the treated areas (can cause premature peeling)
- Do not undergo any strenuous exercise that leads to sweating
- Avoid full sunlight, swimming, sauna, etc
- Avoid coffee and alcohol

After the Herbal Activ Peel™.

Your skin will continue to improve and regenerate up to 21 days after the Peel. At this time, your skin will be at its best! The new skin is very receptive; a suitable treatment for your skin type is highly recommended.